

MYCŔVZŠx evsj vř` k mi Kvi
 gva`wgK I D`P wkŔv Awa` Bi
 evsj vř` k, XvKv |

dia bs t 01

One AvVv w` řq
 j wMřq Onei
 Dci cŔZŔvb
 cŔvbřK
 mZ`wřqZ
 Ki řZ nře

řemi Kwi gv` ivmvi wkŔv/KgPviř` i Ggıcl řv³/welq/BbřW- břř /c` ex mřřkvařbi Avře` b dig

(Avře` b di řgi mřř_ mřřř vbř` řvej x Aek`B cvj břq)

K. e`w³MZ Z` t

- 01. bvg (evsj vř) t
- (BsřivR eKřj Uvři) t
- 02. wcZvi bvg t
- 03. gvZvi bvg t
- 04. eZřvb wKvbv t Mřg/ewo bs- WvKNi t
- _vbw/DcřRj v t řRj v t
- 05. `vřx wKvbv t Mřg/ewo bs- WvKNi t
- _vbw/DcřRj v t řRj v t
- 06. cř`l /gınj v (cŔhvR` řřřř wK wPř (ř) w` b) t cř`l / gınj v |
- 07. Rbř Zwi L t w` b gvm eQi |
- 08. wkŔvMZ řhvM`Zv t

cixŔvi bvg	Mřc/welq	wefvM/tkřx	cixŔvi mb	cixŔv AbřřZ nI qvi mb	dj cKvřki Zwi L	gře`

- 09. BbřW- břř (hv` _vřK) t |
- 10. wbeŔb mb` - welq t cixŔvi eQi t řivj bs..... wbeŔb bs.....
- 11. e`vsřKi bvg t kvLv t wımv e břř t

mřvcıZi `řři (Zwi L mn) řRj v wkŔv Aıdımřři i `řři cŔZŔvb cŔvbři `řři (Zwi L mn) Avře` bKvi xi `řři (Zwi L mn)
 bvg t Zwi L mn (`wLj řřři i Rb`) bvg t bvg t
 gř c` ex bvg t gř c` ex gř c` ex
 řdvb I řgvevBj t gř c` ex řdvb I řgvevBj t
 řdvb I řgvevBj t

L. wb̄tqvM msp̄vš-Z_ t

12. eZḡvb c`ex t w̄elq t
 t̄eZb t̄j t t̄eZb t̄Kw̄ t

13. wb̄tqvM w̄m×v̄š̄i w̄Rw̄e/ḡv̄t̄bw̄Rs K̄uḡūJi ti R̄t̄j kb M̄h̄t̄Yi Zwi L t Av̄t̄j v̄P̄m̄Px b̄āf t

14. <u>wb̄tqvM w̄eÁw̄B c̄Kv̄t̄ki w̄eeiYt</u>		cw̄i Kvi bvg	c̄Kv̄t̄ki Zwi L	w̄eÁw̄B c̄Kv̄t̄ki aiY	c̄t bs
	c̄ḡ (RvZxq)				
	c̄ḡ (̄v̄bxq)				
c̄ḡhv̄R̄ t̄ḡt̄t̄	2q (RvZxq)				
	2q (̄v̄bxq)				
	3q (RvZxq)				
	3q (̄v̄bxq)				

15. wb̄tqvM cix̄ḡv̄ M̄h̄t̄Yi Zwi L t |

16. wb̄tqvM cix̄ḡvi tgav̄m̄g t |

17. w̄w̄R̄Ōi c̄Z̄w̄b̄w̄ai bvg, c`ex, w̄Kv̄bv I t̄Uw̄j t̄dv̄b/t̄gvev̄Bj b̄āf t |

18. Bmj v̄ḡx w̄ek̄t̄e`vj t̄qi c̄Z̄w̄b̄w̄ai bvg, c`ex, w̄Kv̄bv I t̄Uw̄j t̄dv̄b/t̄gvev̄Bj b̄āf t |

19. wb̄tqvM Ab̄t̄gv̄`t̄bi w̄Rw̄e/ḡv̄t̄bw̄Rs K̄uḡūJi ti R̄t̄j kb M̄h̄t̄Yi Zwi L t Av̄t̄j v̄P̄m̄Px b̄āf t |

20. wb̄tqvM c̄t̄ Bm̄ji Zwi L t t̄hv̄M̄`v̄t̄bi Zwi L t |

21. c̄Z̄ŏvb cw̄i eZ̄ḡ msp̄vš-Z_ (c̄ḡhv̄R̄ t̄ḡt̄t̄) t

c̄Z̄ŏv̄t̄bi bvg t̄Kw̄ b̄āf I w̄Kv̄bv	c`ex I w̄elq	t̄eZb t̄Kw̄	t̄hv̄M̄`v̄t̄bi Zwi L	Gḡw̄cl f̄ȳ ³ i Zwi L	c`Z̄v̄t̄Mi Zwi L	w̄eḡkl t̄h Zwi L ch̄s̄-t̄eZb M̄h̄Y Kiv n̄t̄q̄Q

(m̄s̄w̄k̄e-ēw̄³ i c̄Z̄ c̄Z̄ŏv̄t̄bi c̄ḡ Gḡw̄cl K̄w̄c I w̄eḡkl t̄eZb w̄eḡj i K̄w̄c Ges w̄eḡkl t̄eZb M̄h̄t̄Yi e`v̄sK m̄b̄t̄` i ḡj K̄w̄c m̄sh̄ḡ Ki t̄Z n̄t̄e)

22. c̄Z̄ŏvb Z̄`v̄M̄Kvi x (c`Z̄`v̄M̄/Aemi/ḡZ̄iei Y/Pv̄Ki xP̄iZ) w̄k̄ḡK/KḡP̄vi x t

bvg t c`ex I w̄elq t

Bb̄t̄W̄. b̄āf t t̄eZb t̄Kw̄ t

e`v̄sK bb W̄q̄y m̄b` Gi `ḡvi K bs-.....

23. Aw̄fÁZv (Aa`ḡ/Dcva`ḡ/m̄cvi/mn m̄cvi w̄b̄t̄qv̄t̄Mi t̄ḡt̄t̄) t

K. w̄eḡḡU Pv̄Ki xi tḡq̄r` (w̄ei w̄ZKvj _v̄Kt̄j D̄t̄j t̄K̄i t̄Z n̄t̄e) t

L. c̄f̄v̄l K/mnt Aa`vcK/m̄cvi/mnt m̄cvi/mnt w̄k̄ḡK/mnt tḡḡj f̄x c̄t` (c̄ḡhv̄R̄ t̄ḡt̄t̄ w̄JK w̄P̄y w̄ b)

1ḡ t̄hv̄M̄`v̄t̄bi Zwi L t 1ḡ Gḡw̄cl f̄ȳ³ i Zwi L t |

24. Aa`ḡ (d̄w̄R̄j/Kv̄ḡj ḡv`ḡmv) t

K. w̄b̄t̄qv̄t̄Mi ceḡḡw̄Z c̄t̄ (Bmj w̄g w̄ek̄t̄e`vj q KZḡ) bs t Zwi L t

L. w̄b̄t̄qv̄M/t̄hv̄M̄`v̄b Ab̄t̄gv̄` b c̄t̄ (Bmj w̄g w̄ek̄t̄e`vj q KZḡ) bs t Zwi L t

m̄f̄vc̄w̄Zi `ḡḡi (Zwi L mn)	t̄R̄j v̄ w̄k̄ḡv̄ Āw̄clm̄t̄i i `ḡḡi	c̄Z̄ŏvb c̄āv̄t̄bi `ḡḡi (Zwi L mn)	Av̄t̄e` b̄Kvi xi `ḡḡi (Zwi L mn)
bvg t	Zwi L mn (̄w̄Lj `t̄i i Rb`)	bvg t	bvg t
ḡj c`ex	bvg t	ḡj c`ex	ḡj c`ex
t̄dv̄b I t̄gvev̄Bj t	ḡj c`ex	t̄dv̄b I t̄gvev̄Bj t	t̄dv̄b I t̄gvev̄Bj t

M. c0Z0vb mspuvš-Z_ t

25. c0Z0vbi bvg t Ggicl tKw bs t
 WvKNi t BDwbqb t
 DctRjv t tRjv t

26. c0g `xKwZ Kvhr̄i ni qvi Zwi L I wk¶vel ¶ |

27. tkl `xKwZi tgqv` DExY¶ni qvi Zwi L t |

28. c0g Awafj³ Kvhr̄i ni qvi (dwiRj /Kwgj) Zwi L I wk¶vel ¶ |

29. tkl Awafj³ i (dwiRj /Kwgj) tgqv` DExY¶ni qvi Zwi L t |

30. tcši GjvKvi tFZti Aew`Z (c0hvR` t¶¶t̄ wUK wPy (✓) w`b) t niiv / bv

31. c0Z0vb Ggicl fj³ mspuvš-Z_ t

+	Ggicl Kvhr̄i ni qvi Zwi L	gšyvj tqi Avt̄ tki `šik b¶t I Zwi L
`wLj		
Awj g		
dwiRj		
Kwgj		

32. me¶kl Mfwbš ewW/gv`tbwRs KugwU Abtgv` tbi Zwi L t tgqv` DExY¶ni qvi Zwi L t

33. gv` tmvq tgvU QvT̄ -QvT̄ xi msL`v t

`wLj (1g -10g)	Awj g	dwiRj	Kwgj

34. msuké-wel tq (c0hvR` t¶¶t̄) QvT̄ -QvT̄ xi msL`v t |

K. Awj g t GKv`k t Øv`k t tgvU t |

L. dwiRj t 1gel ¶ 2gel ¶ 3q el ¶ tgvU t |

M. Kwgj t |

35. Rbej mspuvš-Z_ t

wk¶K/KgPxi x	Aa`¶/ mpcvi	Dcra`¶ /mnt mpcvi	mnthwK Aa`vcK	mnKvi x Aa`vcK	c¶vi K	mnt wk¶K	mnt tgsj fx	Rt wk¶K	c0kR	mnt Mšwmi K	3q tkYx KgPxi x	4_¶kYx KgPxi x	tgvU wk¶K	
Kg¶Z													cj`l	gmjv
Ggicl fj³														

37. Mšwmi t i AvqZb t %N© dU, c0'dU, eB msL`vwU |

38. Mtel Ywmi t i msL`v t wU | wel q t |

mfvcuZi `¶¶i (Zwi L mn) tRjv wk¶¶v Awdmi t i `¶¶i c0Z0vb c0vbi `¶¶i (Zwi L mn) Avte`bKvixi `¶¶i (Zwi L mn)
 bvg t Zwi L mn (`wLj `Íti i Rb`) bvg t bvg t
 gj c`ex bvg t gj c`ex gj c`ex
 tdvb I tgvvBjt gj c`ex tdvb I tgvvBjt
 tdvb I tgvvBjt

bgpv 00K0-1 wkqK-KgPvixi Zwj Kv (GKB wel tqi wkqKeþ` i bvg GKB mvf_ Dþj E-Ki tZ nte) t

μwgK bs	wkqK/KgPvixi bvg,c`ex,welq, BbþW. bþf l RbþZwiL	wkqVMZ thvM`Zvi weeiY (weFvM l mb mn)	thvM`vþbi ZwiL		1g Ggwcl fy³i ZwiL		gvgj v *	`vqji	gše`
			eZþvb cûZôvþb	ce@ZP cûZôvþb (hv`_vþK)	eZþvb cûZôvþb	ce@ZP cûZôvþb (hv`_vþK)			
1	2	3	4	5	6	7	8	9	10

*(8bs Kj vþg gvgj v _vKþj gvgj v bþf Dþj E-Ki tZ nte Ges gvgj v bv _vKþj ôvgvj v bvB0 wj LtZ nte)

bgpv 00K0-2 (K) GetZ`vqx l `vmlj `þi i wbcwgZ QvT QvTxi Zwj Kv t

1g	2q	3q	4_°	5g	6ô	7g	8g	9g		10g		þgvU
								mvavi Y	weÁvb	mvavi Y	weÁvb	

(L) Avwj g/dwRj /Kwgj Gi tþjþT wel qurfvEK wbcwgZ QvT -QvTxi Zwj Kv (mKj wel tqi QvT -QvTxi msL`v c_ Kfvte Dþj E-Ki tZ nte)t

μwgK	welq	Avwj g			dwRj				Kwgj
		GKv`k	Øv`k	þgvU	1g el°	2q el°	3q el°	þgvU	
1	2	3	4	5	6	7	8	9	10

bgpv 00K0-3 wkqv cûZôvþbi weMZ-3 ermti i cvevj K cixþvi djvdj t

ermi	cixþvi bvg	Môci bvg		Kþmi þgvU QvT -QvT x msL`v	þgvU cixþv_þ msL`v	þgvU KZKvh°	cvþki kZKiv nvi
		mvavi Y	weÁvb				
	`vmlj						
	Avwj g						
	dwRj						
	Kwgj						

bgpv 00K0-4 mshþ KvMRcþT i Zwj Kv t

μwgK bs	mshþ KvMR cþT i weeiY	cþv bþf	gše`

bgpv 00K0-5 þh mKj KvMRcþT mshþ bvB Zvi Zwj Kv t

μwgK bs	KvMR cþT i weeiY	mshþ bv Kivi Kiv	gše`

welkl `þe` t cûZw Z_ QþKi cûZ cþvq cûZôvþb cþvþbi `vqji l mfvwzi cûZ `vqji _vKþZ nte|

